

Reading 91
Cooper

Student Letter

Dear Reading 91 Student,

You are enrolled in Reading 91/92 this quarter. This first week of class you have had the opportunity to read the Course Syllabus as well as the calendar for the first two weeks. You have also had an opportunity to take an additional assessment which illustrated some of your reading strengths and weaknesses. Today you will be given a list of the competencies which this course addresses.

I invite you to take this opportunity to write **yourself** a letter. Please make this letter a minimum of one page, double-spaced. I will **not** be reading this letter. But, I will bring an envelope for you to place the letter in and address to yourself and, at mid-term, I will be mailing this letter back to you. You'll be able to check on yourself and make adjustments if you need to.

What would you like yourself to achieve this quarter? I would like you to state at least 3 goals that you have for yourself this quarter. Make these very specific and positive. You might write something like "I will be in class every day this quarter." Or "I will learn 100 new vocabulary words this quarter." What difference will these goals make to you as a person?

Make a plan with yourself to accomplish these goals. What will you do specifically to complete these?

Then, please explain to yourself why you might have difficulty in completing these goals. What could stop you from completing these goals?

Finally, list the options that you have for dealing with the difficulties. It is easy to get sidetracked if you aren't focused on where you are going! (Fastball, The Way)

Close your letter by giving yourself some positive reinforcement and even promise yourself a little reward for completing them all!